Abstract

**Introduction:** The palatal rugae can be an alternative method of forensic identification. Through the years, several investigations focused on the effect of orthodontic treatment in the palatal rugae pattern.

**Objectives:** Evaluate the concepts of immutability and individuality of the palatal rugae in a Portuguese adult population submitted to orthodontic treatment, for the purpose of medico-legal identification through Thomas and Kotze classification system. Additionally, we wanted to establish comparison of the palatal rugae of each subject, and between genders.

**Materials and Methods:** Thirty three pairs of study dental casts, from thirty three patients submitted to orthodontic treatment in the Department of Orthodontics in College of Dentistry - University of Lisbon, were photographed and classified according to the classification system described by Thomas and Kotze. We proceeded to a statistical analysis running SPSS for Windows, version 20.0, using descriptive analysis and tests, with an inclusion level p <0.05. The tests applied were normality tests and T Student for paired samples.

**Results:** The number and length of primary rugae remain identical when comparing the situation before and after orthodontic treatment. The number of secondary rugae decreases after orthodontic treatment. The variation of the angle of divergence was not statistically significant. The area of primary rugae presented statistically significant reduction after orthodontic treatment. There has no statistically significant differences between genders for total number number of rugae or average length of primary rugae (p <0.05).

**Discussion and Conclusion:** The palatal rugae pattern does not remain stable after orthodontic treatment, and this refutes the supposed long term stability of the palatal rugae pattern. Therefore, it influences the ability to establish a positive medico-legal identification of a recent corpse, if the person was submitted to ante mortem orthodontic treatment. The identification might still be possible if we possess a last ante mortem palatal record in these situations, to allow identification based on positive individual characteristics, through comparison with the post-mortem record. Considering gender, no statistically significant differences were found. This subject remains controversial and deserves further research.

**Keywords:** Medico-legal identification; Forensic Dentistry; Rugoscopy; Palatal rugae; Thomas and Kotze; Orthodontic treatment

Introduction

The palatal rugae can be an alternative method of forensic identification in cases such as car accidents, terrorist acts or mass disasters on which it's difficult to identify an individual through fingerprints or dental records or cases of recent corpses total or partially mutilated [1,2].

The linear dimensions of the palatal rugae are altered during the normal growth of an individual in a way that is statistically significant [3,4].
The anatomical position of the palatal rugae inside the oral cavity, keep them protected from trauma and high temperatures. For those reasons, palatal rugae can be used as reference points during medico-legal identification [5-8].

Not even diseases, quimical aggression or trauma seem to be capable of altering the shape of the palatal rugae [9].

For that, the possibility of human identification through the study of the palatal mucosa became relevant, specially the palatal rugae for its stability, immutability, inalterability and variability, and because they are possible to classify [10-12]. Through the years, several investigations focused on the effect of orthodontic treatment in the palatal rugae pattern. Some authors concluded that orthodontics affected significantly the possibility of positive identification of individuals [2].

The objective of this investigation was to analyze the palatal rugae pattern in a population submitted to orthodontic treatment. The intent was to evaluate the individuality and immutability of the palatal rugae in this situation. Which means, if patients treated with orthodontics, had significant alterations in their palatal rugae pattern in a way that compromises medico-legal identification.

Objectives

The main objective of this investigation was to evaluate the concepts of immutability and individuality of the palatal rugae in a Portuguese adult population submitted to orthodontic treatment, for the purpose of medico-legal identification through Thomas and Kotze system of classification. It was compulsory to formulate two distinct experimental hypotheses:

Immutability

**H0:** The classification of the palatal rugae pattern according to Thomas and Kotze system, through analysis of photographs of dental casts, in a pre-orthodontics situation, is **not significantly different** of the classification of the palatal rugae pattern according to Thomas and Kotze system, through analysis of photographs of dental casts in a post orthodontics situation.

**H1:** The classification of the palatal rugae pattern according to Thomas and Kotze system, through analysis of photographs of dental casts, in a pre-orthodontics situation, is significantly different of the classification of the palatal rugae pattern according to Thomas and Kotze system, through analysis of photographs of dental casts in a post orthodontics situation.

Individuality

**H0:** The individual classification of the palatal rugae pattern according to Thomas and Kotze system, through analysis of photographs of dental casts in pre and post orthodontics situations, on each subject, is **not significantly different.**

**H1:** The individual classification of the palatal rugae pattern according to Thomas and Kotze system, through analysis of photographs of dental casts in pre and post orthodontics situations, on each subject, is **significantly different.**

The secondary objective of the investigation consisted in a comparison of the palatal rugae of each subject, classified according to Thomas and Kotze system, for medico-legal identification procedures in a Portuguese adult population. It was compulsory to formulate the following experimental hypothesis:

**H0:** The individual classification of the palatal rugae pattern according to Thomas and Kotze system, through analysis of photographs of dental casts, **does not present significantly different** individualizing characteristics in medico-legal identification.

**H1:** The individual classification of the palatal rugae pattern according to Thomas and Kotze system, through analysis of photographs of dental casts, **presents significantly different** individualizing characteristics in medico-legal identification.

Objectives

The palatal rugae were classified according to a system proposed by Thomas and Kotze [13] (Tables 1 and 2).

<table>
<thead>
<tr>
<th>Right side</th>
<th>Left side</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total number of palatal rugae</td>
<td>Total number of palatal rugae</td>
</tr>
<tr>
<td>Number of Primary Rugae (Type P)</td>
<td>Number of Primary Rugae (Type P)</td>
</tr>
<tr>
<td>Number of Secondary Rugae (Type S)</td>
<td>Number of Secondary Rugae (Type S)</td>
</tr>
<tr>
<td>Number of Fragmentary Rugae (Type F)</td>
<td>Number of Fragmentary Rugae (Type F)</td>
</tr>
<tr>
<td>Length of Rugae Type P</td>
<td>Length of Rugae Type P</td>
</tr>
<tr>
<td>Length of Rugae Type S</td>
<td>Length of Rugae Type S</td>
</tr>
<tr>
<td>Area of Primary Rugae</td>
<td>Area of Primary Rugae</td>
</tr>
<tr>
<td>Angle of Divergence &quot;Last Rugae Type P/S – median palatal suture&quot;</td>
<td>Angle of Divergence &quot;Last Rugae Type P/S – median palatal suture&quot;</td>
</tr>
</tbody>
</table>

*1- See Table 2.

**Table 1:** variables evaluated (part of Thomas and Kotze Classification System)
The situation, before and after orthodontic treatment, in photographs of dental casts, was compared.

To investigate the experimental hypothesis, a pilot study was designed. It consisted in the first stage of a wider research project, being developed in the College of Dentistry University of Lisbon. The study dental casts used belong to the Department of Orthodontics from that same College, and they represent the initial (before treatment) and final (after treatment) situation of the patients submitted to orthodontic treatment. The records were taken by different operators, residents of the Post Graduate Program in Orthodontics, before beginning treatment and immediately after removing the orthodontic appliances.

The research protocol for this investigation was approved by the Scientific Council of the School. The patient’s privacy was assured.

The population sample comprehended thirty three patients, fourteen females and nineteen males, with a mean age of fifteen years old. This population was selected according to the following inclusion criteria:

<table>
<thead>
<tr>
<th>Dental Parameters</th>
<th>Identifying Parameters</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Presence of upper incisors (central and lateral, 1st and/or 2nd quadrants);</td>
<td>• Caucasian affinity;</td>
</tr>
<tr>
<td>• Presence of upper canine (1st and/or 2nd quadrants);</td>
<td>• Portuguese nationality;</td>
</tr>
<tr>
<td>• Had been submitted to orthodontic treatment in University of Lisbon Post Graduate Program, independent of duration or modality</td>
<td>• Portuguese naturality;</td>
</tr>
<tr>
<td></td>
<td>• 1st degree siblings (parents) with Portuguese nationality and naturality</td>
</tr>
</tbody>
</table>

The collected data collected from the clinical files was the following: number of file, age, sex, initial dental cast date (pre orthodontics) and final dental cast date (post orthodontics). Each subject and respective set of data was randomly numbered, and the data kept hidden from the evaluator during the observations, in a document separated from the observations records.

The dental casts were individually photographed with a Nikon D90, placed one at a time over a felt cloth and under suited natural illumination, with a sensibility ISO scale in place (Figure 1).

![Figure 1: A photograph of a study dental cast obtained during the study](image)

Before beginning the observation and classification of the photographs, these were randomly ordered. The classification was applied by a single evaluator.

The data records were done through analyze of the photographs of thirty three pairs of dental casts which reflected each patient’s situation before and after orthodontic treatment. These photographs were analyzed with the image editor program Adobe Photoshop.

The photographs were classified according to the variables described by the authors Thomas and Kotze [13]. This system includes mostly quantitative variables; those analyzed are expressed in Tables 1 and 2. Figures 2a-2g shows an example of the experiment sequence in Adobe Photoshop.
Data analysis statistic methodology

The data was collected directly in a computer file. The measurements in the photography were done using the ruler from Photoshop, divided by a constant value (K) of 2.39 (equivalent to 1cm in the ISO scale measured with the digital ruler) in order to obtain the real length, rounded to centesimal values.

We proceeded to a statistical analysis with SPSS for Windows, version 20.0, using descriptive analysis and tests, with an inclusion level p < 0.05. The tests applied were normality tests and T Student for paired samples.
Validation of data methodology

On this study the measurements were executed by the same evaluator, avoiding the introduction of inter observer variability, although it remains dependent of a posterior evaluation of the intra observer variability due to the introduction of random errors.

And so, to verify the validity of the gathered data by this evaluator, a repetition of 10% of the observations was done after three months passed from the initial observations, to eliminate memory effect.

Results

The average total number of palatal rugae, for both palatal sides, is identical in pre and post orthodontic treatment situations (approximately 5-6 rugae) (Table 3 and Graph 1).

<table>
<thead>
<tr>
<th>Palatal Side</th>
<th>Situation</th>
<th>Mean (N=33)</th>
<th>Std. Deviation</th>
<th>Std. Error Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>Right</td>
<td>Pre Ortho</td>
<td>5.45</td>
<td>1.003</td>
<td>.175</td>
</tr>
<tr>
<td></td>
<td>Post Ortho</td>
<td>5.18</td>
<td>1.211</td>
<td>.211</td>
</tr>
<tr>
<td>Left</td>
<td>Pre Ortho</td>
<td>5.82</td>
<td>1.380</td>
<td>.240</td>
</tr>
<tr>
<td></td>
<td>Post Ortho</td>
<td>5.45</td>
<td>1.301</td>
<td>.227</td>
</tr>
</tbody>
</table>

Pre Ortho: before orthodontic treatment.
Post Ortho: after orthodontic treatment

Table 3: Total number of Palatal Rugae
• The mean length of primary rugae, in both sides, is identical after orthodontic treatment. (Approximately 0.92cm right side, 0.90cm left side) (Table 4).

### Table 4: Length of Primary Rugae (Type P)

<table>
<thead>
<tr>
<th>Palatal Side</th>
<th>Situation</th>
<th>Mean (N=33)</th>
<th>Std. Deviation</th>
<th>Std. Error Mean</th>
<th>Correlation</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Right</td>
<td>Pre Ortho</td>
<td>.92089</td>
<td>.198726</td>
<td>.034594</td>
<td>.773</td>
<td>.000</td>
</tr>
<tr>
<td></td>
<td>Post Ortho</td>
<td>.92329</td>
<td>.227763</td>
<td>.039648</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Left</td>
<td>Pre Ortho</td>
<td>.90544</td>
<td>.142123</td>
<td>.024740</td>
<td>.471</td>
<td>.006</td>
</tr>
<tr>
<td></td>
<td>Post Ortho</td>
<td>.90808</td>
<td>.167531</td>
<td>.029163</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Pre Ortho: before orthodontic treatment  
Post Ortho: after orthodontic treatment  

Table 4: Length of Primary Rugae (Type P)

• The average area of primary rugae decreases in post orthodontic situation, when comparing to pre orthodontic length, for both palatal sides (Table 5 and Graph 2).
• The average angle of divergence increases in the right side of the palate after orthodontic treatment, but decreases in the left side (Table 5 and Graph 3).

### Table 5: Area of Primary Rugae and Angle of Divergence

<table>
<thead>
<tr>
<th>Variable</th>
<th>Palatal Side</th>
<th>Situation</th>
<th>Mean (N=33)</th>
<th>Std. Deviation</th>
<th>Std. Error Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>Area of Primary Rugae</td>
<td>Right</td>
<td>Pre Ortho</td>
<td>.25780</td>
<td>.095492</td>
<td>.016623</td>
</tr>
<tr>
<td></td>
<td>Post Ortho</td>
<td>.20856</td>
<td>.057364</td>
<td>.009986</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Left</td>
<td>Pre Ortho</td>
<td>.25423</td>
<td>.053649</td>
<td>.009339</td>
</tr>
<tr>
<td></td>
<td>Post Ortho</td>
<td>.21894</td>
<td>.063337</td>
<td>.011026</td>
<td></td>
</tr>
<tr>
<td>Angle of Divergence</td>
<td>Right</td>
<td>Pre Ortho</td>
<td>14,3424</td>
<td>7,31843</td>
<td>1,27397</td>
</tr>
<tr>
<td></td>
<td>Post Ortho</td>
<td>16,1727</td>
<td>8,65250</td>
<td>1,50621</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Left</td>
<td>Pre Ortho</td>
<td>16,9606</td>
<td>8,12888</td>
<td>1,41506</td>
</tr>
<tr>
<td></td>
<td>Post Ortho</td>
<td>15,7455</td>
<td>8,51664</td>
<td>1,48256</td>
<td></td>
</tr>
</tbody>
</table>

Pre Ortho: before orthodontic treatment  
Post Ortho: after orthodontic treatment  

Table 5: Area of Primary Rugae and Angle of Divergence
The mean number of secondary rugae decreases, in both palatal sides, after orthodontic treatment, when comparing to pre orthodontics situation (Table 6 and Graph 4).

### Table 6: Number of Secondary Rugae (Type S)

<table>
<thead>
<tr>
<th>Palatal Side</th>
<th>Situation</th>
<th>Mean (N=33)</th>
<th>Std. Deviation</th>
<th>Std. Error Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>Right</td>
<td>Pre Ortho</td>
<td>1.33</td>
<td>1.164</td>
<td>.203</td>
</tr>
<tr>
<td></td>
<td>Post Ortho</td>
<td>1.18</td>
<td>1.131</td>
<td>.197</td>
</tr>
<tr>
<td>Left</td>
<td>Pre Ortho</td>
<td>1.48</td>
<td>1.326</td>
<td>.231</td>
</tr>
<tr>
<td></td>
<td>Post Ortho</td>
<td>1.30</td>
<td>1.237</td>
<td>.215</td>
</tr>
</tbody>
</table>

**Pre Ortho:** before orthodontic treatment  
**Post Ortho:** after orthodontic treatment  
**Table 6:** Number of Secondary Rugae (Type S)
Comparing the mean total number of palatal rugae in pre and post orthodontic situations, paired differences to left and right sides, there was no statistically significant difference on any of the sides tested (Table 7).

<table>
<thead>
<tr>
<th>Palatal Side</th>
<th>TotRugaePREOrtho - TotRugaePOSOrtho</th>
<th>Mean</th>
<th>Std. Deviation</th>
<th>Std. Error Mean</th>
<th>95% Confidence Interval of the Difference Lower</th>
<th>Upper</th>
<th>t</th>
<th>df</th>
<th>Sig. (2-tailed)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Right</td>
<td>TotRugaePREOrtho - TotRugaePOSOrtho</td>
<td>.273</td>
<td>1.306</td>
<td>.227</td>
<td>-.190</td>
<td>.736</td>
<td>1.200</td>
<td>32</td>
<td>.239</td>
</tr>
<tr>
<td>Left</td>
<td>TotRugaePREOrtho - TotRugaePOSOrtho</td>
<td>.364</td>
<td>1.454</td>
<td>.253</td>
<td>-.152</td>
<td>.879</td>
<td>1.437</td>
<td>32</td>
<td>.160</td>
</tr>
</tbody>
</table>

TotRugaePREOrtho: total number of palatal rugae before orthodontic treatment
TotRugaePOSOrtho: total number of palatal rugae after orthodontic treatment

Table 7: Total Number of Palatal Rugae: T Student Paired Samples (Pre versus Post Orthodontics)

The average length of primary rugae, in pre and post orthodontic situations, was the following: 0.93cm right side pre orthodontics and 0.92cm right side post orthodontics; 0.91cm left side, both pre and post orthodontics. The comparison between pre and post orthodontic values showed no significant differences between average lengths of primary rugae for any of the sides tested. (p=0.926 right side, p=0.926 left side), not allowing to confirm the stability of palatal rugae using this measurement (Table 8).

<table>
<thead>
<tr>
<th>Palatal Side</th>
<th>LPRPREOrtho - LPRPOSTOrtho</th>
<th>Mean</th>
<th>Std. Deviation</th>
<th>Std. Error Mean</th>
<th>95% Confidence Interval of the Difference Lower</th>
<th>Upper</th>
<th>t</th>
<th>df</th>
<th>Sig. (2-tailed)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Right</td>
<td>LPRPREOrtho - LPRPOSTOrtho</td>
<td>-.002400</td>
<td>.146399</td>
<td>.025485</td>
<td>-.054311</td>
<td>.049511</td>
<td>-.094</td>
<td>32</td>
<td>.926</td>
</tr>
<tr>
<td>Left</td>
<td>LPRPREOrtho - LPRPOSTOrtho</td>
<td>-.002635</td>
<td>.160805</td>
<td>.027993</td>
<td>-.059654</td>
<td>.054384</td>
<td>-.094</td>
<td>32</td>
<td>.926</td>
</tr>
</tbody>
</table>

LPRPREOrtho: medium length of primary rugae after orthodontic treatment.
LPRPOSTOrtho: medium length of primary rugae after orthodontic treatment.

Table 8: Length of Primary Rugae: T Student Paired Samples (Pre versus Post Orthodontics)

The comparison between pre and post orthodontic area of primary rugae, presented statistically significant reduction in post orthodontic situation, for both sides tested (p=0.001 right side, p=0.006 left side) (Table 9).

The comparison between pre and post orthodontic angles of divergence, showed no significant difference in post orthodontic situation, for both sides tested (p>0.05) (Table 9).
The comparison between pre and post orthodontic number of secondary rugae, paired differences to right and left sides, showed no statistically significant differences for any of the sides tested (p>0.05) (Table 10).

The comparison between pre and post orthodontic number of secondary rugae, paired differences to right and left sides, showed no statistically significant differences for any of the sides tested (p>0.05) (Table 10).

Gender comparison

• In average, the length of primary rugae is similar between males and females (Table 11).
• The average total number of rugae was higher in males than in females, for both sides of the palate (Table 12).
• Between males and females, the difference found in average length of primary rugae, and in total number of rugae, was not statistically significant (p>0.05).

Table 11: Mean average length of primary rugae, by side of the palate and gender

Table 12: mean total number of rugae, by side of the palate and gender
Discussion

Through the years, investigations aimed to discover the effect of orthodontic treatment in the palatal rugae pattern. Some authors concluded that orthodontics affected significantly the possibility of a positive identification of individuals [2,14,15].

Our objective was to analyze the differences on palatal rugae pattern on thirty-three patients submitted to orthodontic treatment.

Investigating the total number of rugae, for both palatal sides, there was no statistically difference between pre and post orthodontic palatal rugae pattern. These conclusions are supported by those from Kapali and colleagues [15], who said that the total number of rugae in an individual remains constant.

Concerning the application of Thomas and Kotze classification system, in terms of stability of the palatal rugae pattern, we concluded that the following differences were not statistically significant: total number of rugae, number of secondary rugae, length of primary rugae and angle of divergence.

These results are partially supported by Pateria and Thakkar [16], who also applied Thomas and Kotze classification system and concluded on their research that shape and size of palatal rugae were not significantly altered after orthodontic treatment.

Concerning the average length of primary rugae, the obtained result may oppose to Kapali and colleagues [15], who reported that the length of rugae increases significantly. However, that study approached the effects of age and not the effect of orthodontic treatment, so a direct comparison cannot be made.

Concerning the angle of divergence, the present study concluded its alteration in post orthodontics as non-significant. We didn’t find results in published literature that could be directly compared to these findings. However, since the angle of divergence is formed between the median palatal suture and the medial point (origin) of the last primary/secondary rugae, we can establish parallelism with the results of previous research about stability of medial points of palatal rugae. The medial points of rugae were considered stable after orthodontic treatment in four of the studies reviewed [3,4,17,18].

Simmons et al. [19], on the contrary, concluded that the medial points of palatal rugae suffered significant alteration after orthodontic treatment.

In the present investigation, the reduction of area of palatal rugae was statistically significant after orthodontic treatment. By definition, the average area of palatal rugae reflects the combination between a transversal dimension with an antero-posterior dimension, and these measurements were evaluated by Damstra and colleagues [14]. In that study, they concluded that rapid maxillary expansion devices induced a significant increase in the transversal measurements, but not in the antero-posterior measurements.

The possible opposition that might be established with our results is that the increase of transversal dimensions in the palatal rugae pattern increases its total area in cases of orthodontic treatment with rapid maxillary expansion.

The type of orthodontic devices used in each patient were not variables of this study, and we analyzed the area of primary rugae, then the direct comparison of our results with those from other authors would be imprecise. However, it is possible to infer that, both in case of the present project as in the author’s case cited above, the palatal rugae pattern is not stable when the subjects are submitted to orthodontic treatment.

Conclusion

The palatal rugae pattern does not remain stable after orthodontic treatment, and this refutes the supposed long-term stability of the palatal rugae pattern. Therefore, it influences the ability to establish a positive medico-legal identification of a recent corpse, if the person was submitted to ante mortem orthodontic treatment. The identification might still be possible if we own a last ante mortem palatal record in this situations, to allow identification based on positive individual characteristics, through comparison with the post-mortem record.

There were no statistically significant differences between genders when comparing rugae characteristics. Although, since the relationship between gender and rugae pattern remains controversial, further research is recommended in this matter.

Recommendations for future investigation

• For the photographs to be adequate to classify the palatal rugae, the quality of the palatal region of the dental casts is an important factor;
• For bigger reproducibility and reliability during individual characterization, the implementation of comparison software for palatal rugae data would be strongly recommended;
• In the future, this pilot research might be developed and validated applying these methods to a wider sample of Portuguese population, to minimize the standard errors.

Acknowledgement

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References